

Spa Menu

水疗价目表



TALISE
SPA

中国上海浦东新区梅花路1108号 邮编201204
1108 Mei Hua Road, Pudong, Shanghai 201204, China
Reservation 预订电话: 3858 0888 * 7200
E-mail: jhhinfo@jumeirah.com
jumeirah.com/shanghai

Talise Aromatherapy Massage

泰丽丝精油按摩

De-Stress 远离喧嚣	60/90min	680/880
Deep Relaxation 深度放松		90min 880
Energize & Rejuvenate 重获生机	60/90min	680/880
Detox & Balance 净化平衡	60/90min	680/880

Talise Instant Remedies

泰丽丝瞬时疗法

Jet Lag Recovery 改善时差疲劳	45min	580
Relaxing Head Massage 放松头部按摩	30min	380
Thai Head Treatment 泰式头部护理	30min	380
Leg Tension Relief 腿部减压	30min	380

Talise Shanghai Healing

泰丽丝上海健康护理

Traditional Chinese Massage 中式推拿	60/90min	680/880
Tui Na Master Healing Massage 中式康复推拿	60/90min	800/1080
Hot Stone Massage 热石按摩	90min	880
Foot Reflexology 足部按摩	60min	480
Herbal Compress Massage 草药球按摩	60min	480
Cupping 传统拔罐	45min	380
Guasha for Body 身体刮痧	30min	280
Guasha for Face 面部刮痧	30min	280

Talise Facials

泰丽丝奢华面部护理

The Sea's Essential Softness 抗敏修复护理	60min	580
Intensive Hydrating 保湿护理	60min	580
Sea Water Pearl Moisturizing 海水珍珠滋养护理	90min	780
Oxygenating Whitening 活氧美白护理	75min	680
Oxygenating Purifying 活氧净化护理	75min	680
Timeless Beauty 驻颜护理	90min	780
Sea Essential Eye Contour Treatment 海洋精华眼部护理	45min	380

Talise Baths

泰丽丝泡浴

Oriental Herb & Salt 东方草药和海盐泡浴	25min	260
Inner Peace 内在平静牛奶浴	25min	260

Talise Body Polishing

泰丽丝身体去角质

Aroma Salt Glow 香薰海盐去角质	30min	380
Green Tea and Apple Body Scrub 绿茶和苹果去角质	30min	380
Bamboo Body Scrub 翠竹去角质	30min	380
Talise Body Wraps 泰丽丝体膜		
Sea Essential Detoxifying Body Wrap 海洋精华排毒裹肤护理	40min	480
Gold Body Mask 黄金体膜	30min	480
Bamboo Body Mask 翠竹体膜	30min	480
Purifying Treatment for Your Back 背部深层净化护理	30min	380

Luxury Arabian Gold Bliss

奢华阿拉伯金质护理

180min 2500

Gold & Pearl Body Exfoliation 金质身体磨砂	25min
Hammam Steam 土耳其蒸汽浴	10min
Natural Sponge and Rose Mist Ritual 纯天然的海绵和玫瑰香氛礼仪	20min
Gold Body Mask Wrap 金质体膜	30min
Deep Relaxation Massage 深度放松按摩	90min
Moisturizing Prestige Facial 保湿亮肤面部呵护	35min

Impressions of Himalayas

喜马拉雅印象

Spring Impressions 春生	210min	2200
Spa Bath 奢华泡浴	(20min)	
Green Tea and Apple Body Scrub 绿茶和苹果去角质	(20min)	
Green Tea and Apple Body Wrap 绿茶和苹果体膜	(30min)	
Organic Body Massage 有机精油按摩	(60min)	
Sea Water Pearl Moisturizing 海水珍珠滋养护理	(80min)	

Summer Impressions 夏长	180min	1900
Bamboo Body Scrub 翠竹去角质	(20min)	
Bamboo Body Wrap 翠竹体膜	(30min)	
Organic Body Massage 有机精油按摩	(70min)	
Intensive Hydrating Facial 保湿面部护理	(60min)	

Autumn Impressions 秋成	180min	1900
Golden Body Scrub 黄金去角质	(20min)	
Seaweed Detoxifying Body Wrap 海藻排毒体膜	(40min)	
Organic Body Massage 有机精油按摩	(60min)	
Intensive Facial 保湿面部护理	(60min)	

Winter Impressions 冬藏	180min	1700
Spa Bath 奢华泡浴	(20min)	
Hot Stone Massage 热石按摩	(80min)	
Timeless Beauty 驻颜面部护理	(80min)	

Talise Waxing

泰丽丝热蜡脱毛

Upper Lip 唇部	15min	80
Chin 下巴	15min	80
Eyebrow 眉毛	15min	100
Full Leg 全腿	45min	360
Half Leg 半腿	30min	180
Full Arm 全手臂	30min	220
Half Arm 半手臂	30min	160
Underarm 腋下	15min	160
Bikini Line 比基尼线	30min	180
Brazilian Bikini 巴西式比基尼	45min	280
Buttocks 臀部	30min	160
Back and Shoulder 背和肩	45min	380
Chest and Neck 胸和颈部	45min	380

All Prices above are net price. 以上价格均为净价